

The Days of the Week
The Days of the Week

Spanish Lyrics

Lunes, martes
Miércoles, jueves, viernes
Sábado, domingo
The Days of the Week
(repeat verse again)
(sing bridge in English)
Lunes, martes
Miércoles, jueves, viernes
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What If

(Greg Seals)

What if you were a balloon without any air?
How would you look?
That's it. Very small. Make yourself really small.
What happens when you begin to fill up
with air?
You get bigger... and bigger... and bigger
And even bigger... and even bigger
Now what happens when you let all the air out?
Whiiiihhhhhhhaassssssssssss!
Now pick yourself up.
What if you were an old time tap dancer?
Well, first you have to put on your top hat.
Now grab your long black cane.
Ready? Here we go.
(tap music)
Yeah!

What if you were a famous rock 'n' roll
guitar player?
You're on stage in a huge auditorium.
Let's see you play that guitar.
(guitar music)
That was great! Take a bow.
What if you were a very tall tree
with long branches

And very strong roots in the ground?
How would you look?
What if a gentle breeze comes?
Let's see your leaves rustle and your
branches gently sway.

Suddenly the wind gets stronger and stronger.
Wow! Look at your trunk bend.
Keep those roots in the ground. Don't fall over.
Then all of a sudden the wind stops.
Whew! We made it. And now the sun is
shining and it's a beautiful day.
What if you were at a roller skating rink?
Put on your roller skates.
O.K. Now let's see you skate.
(music)
Now skate on one foot.
Hey! Can you skate backwards?
All right!

What if you were an underwater skin diver?
You're in a small boat out in the ocean.
Put on your special air tank and face mask
and turn on the air switch.
Now jump feet first into the water.
Move around in slow motion.
Can you see all the underwater plants
and rocks?
And look at those beautiful fish.
Oh, oh! Look at that big fish.
Hide behind that rock.
Whew! It didn't see you. Safe.
Now let's go back up to the surface.
Climb back into the boat.
I take off your tank and mask.
And now start your outboard engine.
And away we go back to shore
Now how about making up some of your own
What if stories?

The Ugly Duckling

(Frank Loesser)

There once was an Ugly Duckling
With feathers all stubby and round
And the other birds in so many words said

Quack! Get out of town
Quack, quack! Get out
Quack, quack! Get out
Quack, quack! Get out of town
So he went with a quick little waddle
and a quack

In a flurry of elder down
That poor little Ugly Duckling
Went wandering far and near
And at every place they said to his face
Quack, quack! Get out of here
Quack, quack! Get out
Quack, quack! Get out of here
So he went with a quick little waddle
and a quack
And a very unhappy tear

All through the wintertime
He hid himself away
Ashamed to show his face
Afraid of what others might say
All through the winter in his lonely clump
of weeds

Until a flock of swans spied him there
And very soon agreed
You're a very fine swan indeed
spoken:
Me, a swan? Ah! Go on.
Why, of course you're a swan
Just what did you think you were?
Oh, no. You're a beautiful swan
Take a look at your reflection in the lake
And you'll see
So he walked over to the lake
And he looked and he saw.
And he said, I am a swan
Weeeeeeeeee!

I'm not such an Ugly Duckling
No feathers all stubby and round
And the other birds in so many words said
(whistle) The best in town
(whistle) The best

(whistle) The best
(whistle) The best in town
Not a quack.
Not a quick little waddle or a quack
But a glide and whistle
And a graceful shing back
And a head so noble and high
I'm not such an Ugly Duckling
Not I (whistle)

Bingo

(adapted by Greg Seals)

There was a farmer had a dog
And Bingo was his name, oh!
B-I-N-G-O
B-I-N-G-O
B-I-N-G-O

And Bingo was his name, oh!
*First the name is spelled completely. As the
song is repeated beginning letters are replaced
with a clap or sound effect until all the letters
are replaced.*

Everybody Has Music Inside

(Greg Seals and David Kirschner)

Everybody Has Music Inside
Especially for you
Don't be afraid to let it out
It isn't hard to do
You don't have to be a virtuoso
It doesn't matter if you sing just "so so"
It's a feeling down inside your soul
So come on
So you can do it
Everybody Has Music Inside
Everybody Has Music Inside
So let a song ring out
Just let it come right from your heart
That's what it's all about
Music is the sound of life
Reading out for love
Everybody Has Music
Everybody Has Music
Everybody Has Music Inside

Just Like Me

(Greg Seals)

This is a funny game that's very, very
Easy to play
Whatever way I move
You do it in the very same way
Pretend you're looking in a mirror
Do everything that you see
Do it Just Like Me
(instrumental)

spoken:

All right now. Somebody else take a turn
and be the leader.
Now if I blink my eyes

You blink yours too
If I shake my thighs
You shake yours too
If I move around in a real slow motion
Do what you see
Do it Just Like Me
(instrumental)

spoken:

O.K. It's somebody else's turn.
Can you be the leader?

(repeat bridge)
(repeat instrumental)
(repeat first verse)

Ballin' The Jack

(Jim Burris and Chris Smith)

(Adapted by Greg Seals)

First you put your two knees close up tight
Then you swing 'em to the left
And you swing 'em to the right
You walk in a circle kinda nice and tight
Then you twist around, twist around
With all of your might
Shake your lovin' arms way out in space
And you bump, bump, bump with style and
grace
Put your right foot out and slide it back
That's what we call Ballin' The Jack

Dance Medley

(Greg Seitsa)

We're gonna play some dances old and new
We know are gonna be a lot of fun to do

Come on everybody and do the schoolhouse twist
Come on everybody and do the schoolhouse twist
It really can't be missed

So do the schoolhouse twist
EEEE YAWH!

I said round and round and up and down we go
I said round and round and up and down we go
It really can't be missed

Come on and schoolhouse twist
Hey! It's the elephant walk
(Instrumental)

Now! Let's do the swim
Let's go swimmin' now
Everybody's learrin' how

Come on and swim with me
Wave down by the ocean everybody's in motion
They're in the water doin' the swim

So grab your bathing suit and your beach towel too
The water's fine so won't you come in
Come on, do the swim with me

I wanna take you swimmin' with me
Come on, do the swim with me
Let's go swimmin' now

Everybody's learrin' how
Come on and swim with me
Walk easy. Be cool. And do the stroll

Hey, let's stroll
Stroll across the floor
You gotta move real cool

Like you never did before
I said, Hey, let's stroll
Stroll across the floor

On your mark, get set
Do the log.
(Instrumental)

(Quack, Quack, Quack)
Do the duck walk (quack, quack)

Do the duck walk (quack, quack)
Do the duck walk (quack, quack)

Do the duck walk (quack, quack)
Do the duck walk (quack, quack)
Do the duck walk (quack, quack)
Do the duck walk (quack, quack)

Now you can do whatever kind of dance
All you've gotta do is move with the groove
Slide with a glide
And shake like a snake

Across The Bridge

(Greg Seitsa)

Across the bridge, across the bridge
Come on and take a turn and go across the bridge
Across the bridge, across the bridge

But don't fall in the water goin' cross the bridge
1. walk across the bridge
2. walk sideways . . . left foot first

3. walk sideways . . . right foot first
4. take giant steps . . .

This is a balance beam activity. Use the second band
without instructions to make up other balance beam
activities. See the volume four leader's guide for
additional instructions.

Siesta

(Greg Seitsa)

Instrumental

The *We All Live Together* record series
consists of four albums. A leader's guide is
available containing related activities, games
and sheet music with guitar chords for each
album.

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